



(Verksamhetsplan)

Solna Landhockeyförening MESAICOS

2021-2022

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This document describes the activities that Solna Landhockey Förening MESAICOS (hereafter MESAICOS) is planning for the year 2021.

1.Strategy 2020

During 2020, MESAICOS was, like most other clubs, affected by the covid-19 pandemic. The club had planned for entering the women's team in the 2020 European club challenge III in Croatia, but this got unfortunately cancelled. However, the main goal for 2020 was to provide opportunities for all members (and aspiring members) to play field hockey in Stockholm. During the first months of 2020, MESAICOS offered indoor hockey to all members. Since the pandemic started, it became more challenging to offer practice to a high number of players. However, those who wanted to play could join outdoor practice during the months April - July. After the summer, MESAICOS continued with outdoor practice twice a week and was able to organize a recruiting event, following the local covid-19 guidelines, which led to a good number of new members. MESAICOS entered with both a men's and a women's team in the 11-aside and 7-aside competition of Östra district. Besides that, there have been friendly matches against clubs in the district. Overall, MESAICOS managed to offer field hockey to the existing and new members, despite being affected by the pandemic and its restrictions.

2. ACTIVITY FOCUS 2021 - 2022

Trim hockey was identified as a strength of the club during a club-wide 'strategy day' in 2018, where members said that this was one of the key reasons of joining the club. This goes hand-in-hand with the social side of the club, where semi-regular social events have proved popular during the past years. During 2020, MESAICOS started to organize social drinks/dinners right after trim hockey and matches (in a local café close to the pitch). During 2021 and 2022, MESAICOS is planning to continue to focus on these social aspects, as well as playing competitive hockey and preparing for tournaments and matches within Sweden (and internationally when the situation allows to).

2.1.1 New board and new committee members

New additions to the board, as well as to committees, are expected during 2021. The board of 2020 is preparing for onboarding new board members and committee members, and is looking forward to get their fresh input on improving MESAICOS. It is desired that old board members continue helping out in a committee. In that way, MESAICOS can build a bigger team where the work can be divided amongst the members. The website will be updated with the new position holders and will remain the main port of call for matters related to club strategy.

2.1.2 Continuing development of the activities

In 2021, MESAICOS will continue with the same activities as have been offered in 2012. With many thanks to Solna kommun, MESAICOS is able to organize: Senior-Hockey and Trim-Hockey. During Senior-Hockey, both the men's and women's team have team practice, with a focus on improving skills and gameplay. During Trim-Hockey, each member over 16 years of age is able to join for friendly matches. The seniors play both outdoor and indoor hockey. If the situation allows to recruit new youth members, MESAICOS would like to start with Junior-Hockey again, as there has been shown interest in organizing this. The outdoor activities take place at Bergshamra Idrottsplats. Indoor activities take place in the sports hall of Tallbackaskolan.

During 2020, no MESAICOS teams were entered into the indoor hockey leagues, but it is planned to enter teams during the autumn of 2021 if possible.

3. Activities (Verksamhetsplan)

3.1.1 Organised field-hockey activities

The following field-hockey activities are proposed to achieve by the board for 2021.

March - June & September - November: Outdoor Trim-Hockey:

One time per week 1- or 1,5-hour training field-hockey at Bergshamra Idrottsplats, day to be decided.

March - June & September- November: Outdoor Senior-Hockey:

One time per week 1,5-hour training field-hockey at Bergshamra Idrottsplats, day to be decided.

March - June & September- November: Outdoor Junior-Hockey (if interest):

One time per week 1-hour training field-hockey at Bergshamra Idrottsplats for the junior teams, on each Sunday.

April - October: Participation of MESAICOS men's and women's team in the competition:

The men's and women's teams will participate in both an 11-aside and 7-aside competition.

All year round: friendly matches and tournaments

MESAICOS aims to invite other clubs over for friendly matches and self-organised tournaments. This will be both outdoor and indoor and can be done all year round, depending on the members interested in organising it.

July - August: Summer hockey:

One time per week 1- or 1,5-hour training field-hockey at Bergshamra Idrottsplats, day to be decided.

November - December & January - March (2022): Indoor Trim-Hockey:

One or two times per week 1- or 1,5-hour training indoor-hockey at Tallbackaskolan, day to be decided.

November - December & January - March (2022): Indoor Junior-Hockey (if interest):

One time per week 1- or 1,5-hour training indoor-hockey at Tallbackaskolan, day to be decided.

3.1.2 Other organised activities

Professional working according to the code of conduct and the MESAICOS script:

In order to stabilize and professionalize all sections of the club MESAICOS wrote a code of conduct and a script in 2017. These are to be followed during 2021 as well for further professional and stable development of MESAICOS during 2021.

Development of MESAICOS Junior-Hockey:

MESAICOS aims to start with Junior-Hockey again and recruit new members throughout the year, as well as recruiting coaches and trainers.

However, this year we aim to focus on kids of younger age - between 4-6 with a large focus on 'fun'. We have seen our numbers drop over the years with older groups due to the level of competition at other clubs and so therefore believe that through this we can create a unique nisch.

Recruitment of new members:

MESAICOS organizes try-out sessions throughout the year, to recruit new members. Each series of try-out sessions consists of three practices.

Participation at other field hockey tournaments in and outside Sweden:

MESAICOS aims to support to let their senior teams participate in field hockey tournaments in Sweden during 2021, and outside Sweden if the situation allows to. This can be organized by individual members, and the club will support this.

Active development of the East-district:

In order to keep the leading position in Sweden regarding the developments in Field-Hockey, MESAICOS aims to actively support the east-district by involving its members to the board of the east district.

Initiatives from members:

MESAICOS aims to support initiatives from members, to organize a try-out, friendly match or social for example.

Merger between SLHF and the national federations of American football and baseball:

MESAICOS supports the merge of SLHF with the national federations of American football and baseball, into SWE3.